



THE DOJO



PANTHER AND DRAGON SCHEDULE

Fall 2017

MONDAY:	3:45-4:25	Dragons (Tiger Dojo)
	4:00-4:40	Panthers (Leopard Dojo)
	4:45-5:30	Advanced Dragons (Leopard Dojo)
TUESDAY:	2:15-2:55	Panthers (Tiger Dojo)
	4:30-5:10	Dragons (Tiger Dojo)
	5:00-5:45	Sparring and Grappling (Leopard Dojo)
	5:45-6:30	Advanced Dragons (Leopard Dojo)
WEDNESDAY:	3:45-4:25	Panthers (Leopard Dojo)
	4:00-4:40	Dragons (Tiger Dojo)
	4:30-5:15	Advanced Dragons (Leopard Dojo)
THURSDAY:	2:15-2:55	Panthers (Tiger Dojo)
	4:00-4:40	Dragons (Tiger Dojo)
	4:45-5:30	Advanced Dragons (Leopard Dojo)
	6:15-6:45	Open Practice (Leopard Dojo)
FRIDAY:	4:00-4:40	Dragons (Tiger Dojo)
	4:00-4:40	Panthers (Leopard Dojo)
	4:45-5:30	Advanced Dragons (Leopard Dojo)
SATURDAY:	9:00-9:40	Panthers (Leopard Dojo)
	9:45-10:25	Dragons and Advanced Dragons (Leopard Dojo)
	10:30-11:15	Sparring/Grappling Leopard Dojo)
	11:15-12:15	Open Practice (Leopard Dojo)

THE DOJO

a Tokyo Joe's Studio

Salisbury, Mass.

978-499-8800

www.thedojosalisbury.com

We ask that all students arrive at least 5 minutes before class starts, and be ready to go, with their cards, when the gong rings.

Students are expected to be in uniform.

Storm Cancellations

E-mail notification will be sent by 7:00am for morning class cancellations, and again by 2:00pm for classes 3:00 and later.

Fall Promotions:

September 29 & 30

October 27 & 28

November 17 & 18

December 15 & 16

Promotion Schedule:

Friday Evenings

6:00 – 8:00: Teen and Adult Kempo

Saturdays:

8:00-10:00 Kickboxing

10:00-11:00 Panthers and Dragons

11:00-12:00 Juniors (Students Only)

12:00-1:00 Juniors (Ceremony with Family)

Questions about promotions?

Check out the Student Guide at www.thedojosalisbury.com.