

# JUNIOR

## 3RD DEGREE TO 2ND DEGREE BROWN BELT

BLOCKS:

Plum Tree  
Part 1

BLOCKS:

Plum Tree  
Part 2

BLOCKS:

Plum Tree

COMBINATIONS:

10

COMBINATIONS:

16

COMBINATIONS:

26

KEMPOS

Crane

KEMPOS

Dragon

KEMPOS

Tiger

JIU-JITSUS:

Hip Throw

JIU-JITSUS:

Rear Naked Choke

SPARRING CLASS

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

DISARMS:

Straight-In #3

DISARMS:

Overhead #3

DISARMS:

Side #3

FORMS:

Three Kata  
Part 1

FORMS:

Three Kata  
Part 2

FORMS:

Three Kata