

JUNIOR

2ND DEGREE TO 1ST DEGREE BROWN BELT

SPARRING CLASS

1. _____
2. _____
3. _____

COMBINATIONS:

17A

COMBINATIONS:

17B

COMBINATIONS:

18

KEMPOS

Leopard

KEMPOS

Snake

KEMPOS

All Learned

JIU-JITSUS:

Grab and Punch

JIU-JITSUS:

Push

JIU-JITSUS:

All Learned

DISARMS:

Slashing

#1

DISARMS:

Slashing

#2

DISARMS:

Static

#1

FORMS:

Three Pinon

Part 1

FORMS:

Three Pinon

Part 2

FORMS:

Three Pinon